



MyPyramid.gov

How to order FREE Posters, handouts, and classroom materials!!

- ▶ Go to . . .
http://www.mypyramid.gov/global_nav/order.html
- ▶ Scroll down to “PRINTED MATERIALS” and order your materials. You can select . . .

MyPyramid

1. MyPyramid mini-poster (2-sided, 8½" x 11")
www.mypyramid.gov/downloads/MiniPoster.pdf
2. Full-size MyPyramid poster (25½" x 33" - folds to 8½" x 11")
(same as mini-poster on 1 large piece of paper)
3. Anatomy of MyPyramid (8½" x 11")
www.mypyramid.gov/downloads/MyPyramid_Anatomy.pdf

MyPyramid for Kids

1. MyPyramid for Kids poster (2-sided, 24" x 36")
 - Simplified side:
http://teamnutrition.usda.gov/Resources/mpk_poster.pdf
 - Advanced side:
http://teamnutrition.usda.gov/Resources/mpk_poster2.pdf
2. Tips for Families (2-sided, 8½" x 11")
http://teamnutrition.usda.gov/resources/mpk_tips.pdf

- ▶ Or, you can print copies using the same links.